

## *Curriculum Vitae*

Kevin Eric Saunders (a/k/a bonze blayk!)

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Founder and President: 9/94 – present, databeast, Inc. <<http://databeast.com/>>

Contracted with Cornell for support of "Comet", the Cornell Macintosh Terminal Emulator.

Developed "dataComet", an enhanced shareware version of Comet, which databeast has licensed on an exclusive basis from the Cornell Research Foundation (as of 5/1/95). GUI conformance, functionality, performance, and reliability have been greatly improved over Comet.

Developed the "databeast, inc." web page, focussed on the dataComet application. The page offers access to current dataComet distributions and documentation, along with pointers to truly useful reference sites on the web.

Developed the web site for the Cornell Vet School Image Lab <<http://imagelab.vet.cornell.edu/>>. The system is a Macintosh PowerMac 7200/75 running MacHTTP with a web-based order entry system implemented using AppleScript.

Developed "dataHTML-Extractor", a Macintosh application for efficiently extracting form data from HTML documents for use in table processors such as spreadsheets. Text documents containing ordered lists of names corresponding to HTML "NAME=" labels are used to specify which HTML "VALUE=" values to extract and save in the specified output document as a tab-delimited line.

Senior Software Engineer: 2/94 – 8/94. Millennium Computer Corporation (Rochester, NY).

Developed the Macintosh implementation of multiplatform GUI front end to manage application launching and provide automatic logon scripting with Secure Single Login services for Project MAIN, an IBM/ISSC project to provide Internet connectivity for the State of Michigan. This project enables Michigan's employees to easily access various administrative applications running on different hosts and servers using a single login ID and password pair, which are verified through OEC Remote Procedure Calls to a UNIX-based security server; the server returns the names and passwords approved for the user for each service. The user data is encrypted using DES to guarantee that network transmissions can not be intercepted and decoded by unauthorized parties.

I also developed the Macintosh implementation of the application which allows administrative users to modify user profile information residing on the Security Server.

MPW C++ and MacApp were used to develop the GUI launchpad and administration applications, while Think C and TMON were used to develop the driver which controls the applications (TCP/Connect II, CTC MacBridge, Pilot Command Center, and Clear Access).

Systems Programmer: 7/85 – 3/94. Cornell University Information Technologies, Network Resources.

Primary developer of Comet, supporting multiple VT100, Heath-19, and IBM 3278 emulations over either Telnet (using MacTCP) or serial connections. Comet is a custom Macintosh application developed using the Aztec ANSI C compiler with MPW Tools.

Developed OmniTalk, an ALAP driver supporting AppleTalk on Corvus' 1-Mbps Omninet LAN, which incorporated an OmniTalk to LocalTalk AppleTalk bridge driver running in the background. MPW C and 68K assembly language were used to implement OmniTalk. The Omninet driver also had to be debugged for this project; it had been implemented using Consulair C.

Responsible for backline support of Macintosh EZ-REMOTE, MacTCP, and TCP/IP and AppleTalk network troubleshooting. Developed the EZ-REMOTE MacSLIP installer for the Macintosh; provided EZ-REMOTE troubleshooting checklist for the Service Help Desk.

UNIX programming/administration: 6/84 – 6/85. The Bookery.

Specified PC/AT running MicroSoft XENIX 1.0 for small business data processing; from 1/85 – 6/85 developed programs to manage Purchase Order generation, and automated Telex communications.

Macintosh programming: 1/84 – present.

Learned ToolBox environment by developing "dumb virtue", a UNIX-shell-oriented multi-window terminal emulator supporting VT102 emulation with variable-sized fonts, a tty emulator/editor using TextEdit, Tek 4010 graphics, and the uw multiplexing protocol.

Word Processing: 9/82 – 12/84.

d/b/a databeast. Self-employed in word processing business serving the graduate thesis market, using WordStar on an Osborne I with a homebrewed keyboard and a TEC F-10 daisywheel printer.

Computer Science studies: 4/80 – present.

Self-guided studies of programming languages, data structures, file systems, systems design, and other topics in computer science. Hooked by The White Book in 1981, and the UNIX issue (Jul/Aug 1978) of the Bell Systems Technical Journal in 1982.

Ithaca Junk Jobs: 12/79 – 9/82. Bookkeeping, pizza delivery, inventory counting:

Welcome to Ithaca!

Graduate studies: 9/79 – 11/79. Graduate study in the Doctoral Program in Economics at Cornell's Graduate School of the Arts and Sciences.

Dismal, yes; science, no.

Accounting Supervisor: 7/78 – 7/79. Community Hospital of North Hollywood.

Progressed to position of supervisor of bookkeeping department. Oversaw two subordinates. Reduced posting errors for \$5,000,000/year business to negligible levels.

Applications Programmer: 8/77 – 6/78. University of Arkansas at Little Rock.

Business application programming in COBOL on a Honeywell 6000-series mainframe. Responsible for maintenance of Payroll and Vacation and Sick Leave systems; designed, programmed, tested, debugged, and documented Personnel system.

Undergraduate studies: 9/74 – 5/77. University of Texas at Austin.

Phi Beta Kappa 8/77.

B.A. with High Honors in Social and Behavioral Sciences (Economics with a Minor in Philosophy).

Official Beauford H. Jester Center 12th Floor Resident Nickname: Bonzo (1974).

Graduated Hall High School, Little Rock, May 1974.

Telluride Association Summer Program, June–July 1973: Cremona, "Public Policy and the Environment"

Graduated Forest Heights Junior High School, Little Rock, May 1971.

Graduated Jefferson Elementary School, Little Rock, May 1968.

Born: Little Rock, Arkansas, 1956.

### ***Publications***

"Thumbnail Sketches of UNIX/Expo" in "Unique: The UNIX System Information Source" (Volume 3, Number 11, 10/84).

## *Musical Projects*

Solo Artiste: 5/93 – present. "bonze blayk!"

Compose and perform original solo material in a moderately sensitive folk–metal vein (a la Al Stewart).

From the OED:

bonze, a Buddhist or Taoist monk;  
blayk, a pale shining yellow,  
the color of the midwinter sun  
(a cognate of black, bleak, blake, and bloke).

Alternative rocker: 9/87 – 1/90. "Auld I' Anxiety."

Singer/Guitarist and co–founder of Auld I' Anxiety.

Composed and performed original material in an alternative power–pop quartet with punk leanings (and strong backgrounds in particle physics). "Auld I' Anxiety" EP released (no label).

Punk rocker: 7/78 – 6/79. "Angry Samoans."

Lead guitarist and co–founder of the Angry Samoans. Guitarist on "The Angry Samoans Live at Rhino Records" Triple XXX Records.

Guitarist on side 2 of the Angry Samoans' "Inside My Brain," listed in Chuck Eddy's "Stairway to Hell—the 500 Best Heavy Metal Albums in the Universe" at #74. Also included on "The Unboxed Set", Triple XXX Records.

Buyer beware! (This is my brother's band, OK?)

The "basement" years: 3/68 – 6/78. "The Rockin' Blewz."

Rock and Roll drummer accompanying my brother (Metal Mike Saunders).

A tape recorded during the summer of 1969 will soon be available on CD from Triple XXX Records...

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2-copy basis to George E. Reasoner, Jr..  
the Atlanta Constitution-Journal for testing purposes through 9/15/96.  
Zealand Hatch  
Yankee Robotics, LLC  
William R. Reed  
William G. Collins, Jr.  
Vincent J. Robert  
UCSB Budget and Planning for testing purposes through 9/15/96.  
Tyler Kemp-Benedict  
Timothy Rogers  
Tim Herzog of Two Bits Worth  
Tim Dietrich  
Thomas Waelti  
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TUCOWS for use by its HelpDesk staff.  
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Robert Gimlich of Genetics Institute, Inc.  
Renee Palmer of the College of Eastern Utah  
Renee Palmer of the College of Eastern Utah  
Ray Kurland of Technicom, Inc.  
Paul Thomann  
Monty Swiryn of Cuesta Technologies  
Mickey Reyes of McLennan Community College  
Michael W. Peterson of FlashNet Communications  
Michael Thwaites  
Michael Thompson  
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Michael D. Donovan  
Michael Cinker of UIUC  
Melanie Germond  
Martin Bieri  
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Linda Weiner of Matrix Essentials, Inc.  
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Larry Akers  
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Jon Martens  
John Tiftickjian of Delta State University  
John Haffner  
John Coleman of Yale University  
Jim Reece  
Jerry Underdal  
James Lucas  
James E. Law  
James Birchall  
James B. Reese  
Jacquelyn Harrison

J. Michael Browning  
Harold W. Tuckett  
Harold Amsbaugh  
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Charles Stang  
Charles J. Swiszc  
Cal Smith  
Bud Wellington  
Brett Kish  
Bill Seligman  
Bill Huster  
Bill Gruber  
Bart Fisher of Fisher Wireless Services  
Andrew Starr  
Alan Charlesworth

## Geschwind Syndrome Markers (Temporal Lobe Epilepsy Interictal Syndrome) in bonze blayk

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(Page numbers refer to "Seized: Temporal Lobe Epilepsy as a Medical, Historical, and Artistic Phenomenon", Eve LaPlante)

### Geschwind Syndrome Markers (pp. 28-34):

#### √ Hypergraphia:

Overpass texts  
Songwriting  
Poetry  
Programming, averaging 40 lines/day of code, especially dataComet...

dataComet: 2MB of application software source code, resources, and documentation:

65,000 lines of code;  
64K of dialog and other pictographic resources;  
192K of bitmapped Fonts;  
5,000 lines of documentation;  
4 lines of poetry;

From "About dataComet...", first included in Comet 3.1.1 in 1992:

"Felicity is everywhere...  
yet she's not a thing to be lightly grasped;  
For here you'd hold, not the name of a rose,  
but a fragile-thorny flower-asp..."

-- bonze

#### √ Hyperreligiosity:

"Sacred Sexuality" (Georg Feuerstein), p. 33: "Derek" is bonze blayk!  
"Last Dance of the Hooved Race"  
Philosophical texts  
Songwriting  
Haiku

#### √ Stickiness: Tendency to prolong interpersonal interactions

#### √ Anger: Documented explosive temper:

1992 Cornell incident  
Divorce on grounds of "Cruel and Inhuman Treatment"



√ Altered Sexuality:

GID: "Transvestism"

Removal of body hair (including facial electrolysis)

dumb virtue icon self-portrait (1985)

Photos

"Sacred Sexuality," AMW's original letter also

Additional TLE markers (per David Bear, M.D., and Paul Fedio, pp. 159-160)

√ Elation

√ Sadness

√ Anger

√ Guilt

√ Emotionality (deepening of all emotions)

Hypermoralism (attention to rules with inability to distinguish significant from minor infractions): present but styled in an anarchistic Christian fashion.

√ Obsessionalism (compulsive attention to detail)

√ Circumstantiality (loquacious, pedantic, overly detailed)

Viscosity (tendency to repetition): ?

√ Sense of Personal Destiny (events given highly charged significance, divine guidance ascribed to many features of patient's life):

Ithaca history/relationships: Jody Hochberg, AnneMarie Whelan (AMW), Miss X, Mia Meryweather Finkeldey, Susan Hamann

"dumb virtue" and dataComet terminal emulation packages

√ Dependence

Humorlessness: very uncharacteristic here!

√ Paranoia: Documented by FCS, Arson, ref. AMW

TLE Seizure Symptoms (Paul Spiers, p. 99)

√ Hallucinatory

Auditory hallucinations

- √ Emotional
  - Profound emotional states
  - Religious experiences
  - Extreme mood lability
  - Paranoia
  
- √ Autonomic
  - Fight or Flight arousal states (ref. Susan)
  - Panic attack (9/94)
  
- √ Motor
  - 1 grand mal seizure
  - Morning "Charley horse" attacks (localized myoclonic seizures)
  - Facial tics
  
- √ Sensory
  - Parasthesia (CIDP?)
  
- √ Experiential
  - "Fugue" states during adolescence
  - Sleepwalking
  - Recurring déjà vu
  - "Night Terrors" 2nd experience (sense that time is standing still) (ref. AMW)

her lips. I was as startled by this as she was. We both gasped in surprise and looked at each other for a few seconds, not knowing what had happened and not knowing what to say. She then told me that she had never been kissed like that before, and I confessed the same to her. She had experienced the same physical sensations, though she did not visualize the white shape. Then, after collecting ourselves for a few moments, we resumed our lovemaking.

In his book *Tenderness Is Strength*, Harold C. Lyon, Jr., related an incident that involved a parapsychological phenomenon of mutual visualization during a moment of self-surrendered sex. Early one morning, he went fishing. For three hours he trolled for lake trout, using all his skills to perfection, and was about to head back home when he had a strike. He had caught a twenty-six-inch trout. Excitedly he shared his adventure and joy with his wife, who was still in bed. He recollects:

We had not been comfortable in our relationship for the past few months, struggling to resolve our differences and blaming each other for them. How silly. How useless. Our lovemaking had become mechanical, lacking the flow and fulfillment we both sought. An hour after I had climbed back into bed, we found ourselves making love with incredible passion, spontaneity, and tender joy, flowing from orgasm to orgasm. There was a letting go, a total surrendering to our own inner rhythms, which had eluded us for months. In the midst of my orgasm I had a vision of the big lake trout, organic and beautiful in the depths of the lake, and I realized that I could not *make* her take my lure even when it was presented with perfect technique. *She* had to be ready to strike the lure, with no holding back. This was a natural flowing instinct, not something I could force or manipulate.

Incredibly, in the afterglow of our loving, Eta shared with me that she too had seen a vision of the organic lake trout in the throes of *her* orgasms! We both realized in a flash that with all the technique in the world, we couldn't make our love flow until it was ready to flow, any more than I could make the lake trout take the lure.<sup>7</sup>

Of course, the shared visionary experience is not the point. The crux is the mutual lowering of the couple's ego defenses, which allowed love to flood their hearts and transform their lovemaking into an ecstatic affair.

This happened in a very dramatic way to another respondent to my questionnaire whom I will call Mary. Her breakthrough, which involved a more advanced stage of unitive consciousness, happened just a few months prior to my completing this book. Mary, who is in her mid-thirties, was brought up as a Catholic and predictably felt, as she put it, "rather divided about sex and spirituality." She had tried several times to break away from her tradition but was always drawn back to it, although she married a non-Catholic during one of her phases of involvement with Catholicism.

In 1989, her husband, Carl, went to an office Christmas party on his own, met a woman to whom he felt deeply attracted, and exchanged a long, passionate kiss with her. When he asked her to go to bed with him, she refused because he was married. Carl confessed the brief encounter a couple of days later. Mary was understandably shocked. In her own words:

I was devastated. Carl had never done anything like it, though he had not promised anything either, merely said it was unlikely that he would have an affair. I had been afflicted with jealousy before, unreasonably so. Even though Carl assured me that his love for me was deep and lasting, I was disillusioned and depressed, and lost interest in anything but our relationship. I had no appetite and no orgasms.

But then I started to see this incident as an answer to my prayers. I had asked God to show me how to love. A short time before I had read Meister Eckhart. He wrote that love is its own reward: when you love other people, then you really do share their joy, and so it multiplies your own joy. I wanted this very much, but was too self-involved to really feel it.

Carl told me that something happened to him that day. He felt a weight had been lifted from him, and he started to feel stronger in other areas of his life—like his job. He wasn't going to be hung up about money and security anymore.

I flitted between being loving and understanding and being full of worries and what-ifs. I loved him a lot but tortured myself wondering where I would draw the line. I was afraid of being a martyr. Nevertheless, a few days later I decided not to leave him. Not only did I love him, but I trusted the depth of his love for me.

That night after our daughter was asleep, we continued our dialogue. He told me many things, including the ways he loved

me. He also told me that he worried if I were unable to have orgasms anymore, blaming himself.

Until that evening, I was never able to have orgasms without using my fingers on myself. Our usual way of getting me to come was with him lying on top of my back. But the dam broke that night. I had powerful, easy, beautiful orgasms in all sorts of positions.

The pleasure I felt was throughout my body. I had no conscious control over it, and I didn't feel limited by my body. It was like I was overflowing—swimming through Carl, swimming through God. I felt totally ecstatic. Carl was telling me he worshipped me—that I was a goddess. We were praising God together. I felt finally at one with my sexuality. And I felt the closeness of God as never before. I felt completely accepting of Carl and of myself. Pure love. It went on and on.

We both felt the momentousness of that night. We stayed up till 5 A.M. talking and making love. It was incredible to me that I could now look him in the eyes and have glorious orgasms without even trying.

I was in a bit of a daze in the weeks that followed. There were some downs, but the feeling of being transformed has stayed with me. We both feel that we have fallen in love again, but in a deeper, even more exciting way. Before I had tried to link up my spirituality and my relationship with Carl, but it never really worked. He didn't share my Catholicism, and it was hard to talk to him about spiritual things. But now I feel like we have come from different directions and met on new ground.

Soon after that evening I realized that I was wasting my time with Catholicism. As liberally as I was interpreting it, it was still holding me back, giving me an excuse (when I wanted it) not to think for myself, not to listen to God-in-me.

I feel clearer, freer, less conflicted, and happier this year than ever before. I am rid of most of the self-hatred and guilt that I had carried for so long. I have practically given up the word "should." It is clearer to me what I should do with my time and what is dispensable clutter. Closeness to God has been important to me most of my life, but this year, God is in reach, daily, more than ever before. I am more open to finding God everywhere.

My interest in sex has skyrocketed. I now understand sex as a God-given ecstasy as much as any mystic's. I have given up much of my shyness, as I feel so much better about myself. I also have more interest in other people. I find God deep within myself and by encountering Carl, I find a new dimension of God.

Mary obviously succeeded in pulling down a number of walls in that single spiritual experience. It was Mary's deep love of her husband that opened for her the gate to the realm of delight, which then healed her psychic wounds.

Love was also the trigger for a spectacular experience that my wife, Trisha, had several years before we met. She was twenty-five years old when it struck her like a lightning bolt and for three weeks obliterated her ordinary sense of self:

My mystical experience was initiated by falling in love with a man I had known, deeply respected, and more or less placed on a pedestal for almost two years prior to dating him. He was one of the most mentally and emotionally uninhibited individuals I had ever met, and this resonated with my own desire at the time to move beyond all my own conditioning. I had had no prior spiritual experiences, nor did I know or even suspect that such a thing existed. Up until this time, I had experienced only life's ordinary highs and lows.

I have no specific memories of our lovemaking, only that it was, from the beginning, totally uninhibited, frequent, and never enough! My body-mind was completely trusting, open, and receptive.

My first memory of that incident is of awakening one morning after a night of lovemaking and feeling as if I had not been asleep. I felt as though I was conscious or constantly awake on some higher plane. That entire day I remember feeling *totally* and *perfectly* relaxed.

In this perfect relaxation I stood outside of time. It was as if time normally flowed in a horizontal plane, and I had somehow stepped out of this horizontal flow into a timeless state. There was absolutely no sense of the passage of time. To say there was no beginning or ending of time would seem irrelevant. There was simply *no* time.

I remember coming home from work a few days later, standing in the living room of my little studio apartment, and suddenly realizing that I had no edges. There was no me. The thought arose, and these are the exact words, "This is what I AM in truth." I remember looking over at the door to my apartment and thinking, "There is no difference between door jambs and smog." There is no difference between anything whatsoever. Everything is the same. There is only apparent difference. I

# SACRED SEXUALITY

*Living the Vision of the  
Erotic Spirit*

GEORG  
FEUERSTEIN

OTHER BOOKS BY GEORG FEUERSTEIN

- Yoga: The Technology of Ecstasy*  
*Structures of Consciousness: The Genius of Jean Gebser*  
*The Philosophy of Classical Yoga*  
*Encyclopedic Dictionary of Yoga*  
*Enlightened Sexuality (editor)*  
*The Bhagavad Gita: Its Philosophy and Cultural Setting*  
*Sacred Paths*  
*Holy Madness*  
*The Yoga Sutra of Patanjali*



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# bonze blayk's Nervous System

## bonze's Neurological Problems

*CIDP (Chronic Immune Demyelinating Polyneurapathy)*: The immune system is primed by a virus whose structure resembles myelin to attack the myelin sheath which provides an electrical insulator for the nerves. My symptoms include worsening of motor control, symmetric creeping paresthesia, and weakness in the limbs proceeding from the extremities. I believe that I fall in the minority whose symptoms includes inflammation of the nerves; note my experience with having no bad ankle sprains for 20 years while using *cannabis*, and then experiencing a terrible inflammation with a minor twist of my ankle after several months not smoking (7/94), which almost immobilized me and did not return to normal for a year or so. The inflamation explains why my behavior is so dramatically affected when I suffer a CIDP outbreak.

Those with a high-set immune system will be particularly troubled by this disorder. Until extended treatment undertaken at the age of 15, I was plagued by allergies, particularly to dust, to the extent that I had a chronically drippy nose. I breathed through my mouth through almost all of these years.

My father died of a stroke caused by this disorder at the age of 60. The progress of the disease was clearly evident in his variable temper, which was increasingly unstable in his last years, the decline of his motor control, and lapses into unresponsive states of illness (and yes, his incredibly sensitive ankles). I believe that everyone in my family has it to some degree; my mother is now suffering from a problem for which Predisone was prescribed (she can't deal with the side effects and discontinued use after one week).

*Progressive Supraneural Palsy*: A striking symptom of PSP is the inability to direct the eyes downward, which I experienced with great irritation in dream states for a period when I was young (9?). Other symptoms related to emotional volatility, eye movement disorders, and gait disorder, also seem to apply here. Intriguingly, this disease is treated with Prozac: possibly this is related to "Hysteroid Dysphoria."

Naturally, confirmation of these self-diagnoses will require further investigation by a qualified neurologist.

## bonze's Psychological Problems

*Generalized Anxiety Disorder*. Chewed all nails and hair chronically from age 9 to age 34.

*Hysteroid Dysphoria*. Acute sensitivity to rejection which can result in prompt and devastating dysphoric crashes, which also seem to trigger rage symptoms. Treated with Prozac. Cf. *Listening to Prozac* by Peter D. Kramer, M.D. Although not in the DSM it should probably be included.

*Obsessive-Compulsive Disorder*. The clearest demonstration of my obsessive-compulsive behavior is my programming work, on which I've tended to focus obsessional care for over 10 years. dataComet is an excellent example, because I've repeatedly avoided other work in order to focus on the one major product I've developed, even when it has impeded my career as a programmer—programmers are rewarded for conceptual design and initial implementation, not maintenance or bug-fixes, even though "God is in the details" (Mies van der Rohe). Cf. Release Notes available from <<http://www.databeast.com/>>. This document is another fine example of OCD.

**Gender Identity Disorder.** Onset age 10, Non-Transexual, Lesbian orientation: I've called myself a Lesbian since the age of 23 to the downright astonishment of most people. I recall wondering at the age of 12: What are people going to think when my breasts start growing? Are they going to find me *really* weird? My gender orientation has drawn comment and a fair amount of hostility since the age of 9.

**Trichotillomania.** Removal of *all* hair below the hairline, preferably by pulling. Related to GID. The reduction of pain by CIDP makes this fairly negligible in terms of pain.

## bonze's Characterological Problems

**Christianity.** I was raised as a Disciple of Christ and was found to be qualified as a Protestant Christian to marry within the Catholic Church in 1986, although I did not convert and was not allowed to receive communion within the Catholic Church. The abstraction induced by my Guillain-Barre syndrome leads me to believe that an afterlife is a very real possibility; I believe in the existence of the soul, and because I dread God's judgment, I believe that I must try to act always in accordance with a Higher Law, even if this brings me to harm. The difference between myself and K. in *The Trial* is that I acknowledge my guilt, and know that I can only be redeemed by the mercy of God.

## bonze's Treatment Program

**GID:** Change society so I can be accepted for who I am?

**Tranquilizers:** For GAD.

**Stress Reduction:** I need a lot less stress in my life. Stress boosts immune system functioning and produces the unpleasant symptoms of the disease. I associate a number occasions of my untoward behavior with times of high stress when I was not smoking *cannabis sativa*; *cannabis* use has been inadequate to control the CIDP during periods of extremely high stress.

**Prednisone:** Lowers the functioning of the immune system, allowing me to give up the use of marijuana. My chronic use of *cannabis sativa* has NOT been drug *abuse*, since it has been practiced only because it serves as a means of treating the unpleasant antisocial symptoms of CIDP (primarily poor self-control and mercurial temper). I prefer to be prosocial, thank you!

**Anti-Psychotics:** May be required on occasion if Guillain-Barre flares up. Evidently Prednisone also may induce psychosis.

**Prozac:** Long-term Prozac for PSP/Hysteroid Dysphoria. This improves mood in general and helps prevent attacks of Hysteroid Dysphoria. It dramatically reduces the obsessive components of my thinking, which is bad for my work as a programmer, but is good *fo me*.

**Nicotine patches:** Besides the powerfully addictive properties of nicotine, my tobacco use has been prompted in large part by two factors, both of which can be satisfied with nicotine polacrilex chewing gum, use of which should be tapered off:

- 1) Nicotine is a fairly powerful vasoconstrictor (accounting for its negative impact on the health of the heart). This reduces the effects of inflammation in the brain, reducing "pressure".

2) As a central nervous system stimulant to counter the attenuation of signals caused by CIDP.

**Alcohol:** I'm perfectly willing to limit myself to the British Government's recommendation of 1 drink per day (though I'm not drinking at all now). This is more on average than I drink in a week; I'm not alcoholic and am not dependent on alcohol either physically or psychologically.

**Detox Stress Camp: Thanks, but No Thanks:** Out of the question. You've obviously never seen me interact in social groups, where I function as a kind of deranged chaotic-good intellectual *provocateur-deconstructeur*, and priming me for Guillain-Barre rage attacks is not a particularly good idea unless you're prepared to pump me full of Thorazine. I played guitar with the Angry Samoans twice at Camarillo State Hospital, and was not impressed with the PCP smoking I witnessed there the time we played Ward 9 (a ward for acute psychotics); my thought was "*These bars could not hold me in this place!*"

I was clearly suffering from a paranoid delusional state caused by one of the Guillain-Barre Syndromes a couple of weeks ago, but am feeling much better now and am reasonably rational at the moment.

Sincerely,



Kevin Eric Saunders a/k/a bonze blayk

1/30/97

Bonze  
blayk



Kevin Eric Saunders a/k/a bonze blayk

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Medical history

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Familial

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My paternal grandmother suffered from atypical epilepsy.

My father was a "character", and my brother is decidedly weird according to societal norms, although neither ever sought psychological treatment or was diagnosed. My father died 3 months after a stroke induced total paralysis on his left side in 6/77; in the years prior to his death he manifested many of the symptoms (emotional lability, gait disorder, and other motor coordination problems) associated with neurological disorders such as the one I believe I have. He also seemed to suffer from narcolepsy, since he tended to doze off frequently at odd times.

My mother has a history of chronic worry (inducing Spastic Colitis) and depression (including a suicide attempt in 1963).

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Physical

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I've long had a tendency to suffer from a very painful charley horse in my right calf if I pronate my right foot, especially after awakening.

I tend to contract the flu less often than most, but when I do I suffer great discomfort and my recuperation is ususally prolonged.

The tip of my spine is not completely formed (my brother Mike has a fairly marked abnormality here).

I had measles around the age of six months.... I was told this was the reason my 12-year molars came in with no enamel (one has now been capped, the others are mostly amalgam due to cavities requiring filling; I've only had one other cavity in another tooth). This might conceivably also have affected other developmental processes (e.g., brain development relevant to gender identity).

I suffered from allergies from early childhood which caused my nasal passages to be chronically plugged. I was diagnosed and started taking shots to correct this problem in 1970. My primary allergy was to dust; after two years of treatment my allergies had abated.

I suffered from a nearly fatal illness in 1973 which was eventually diagnosed as mycoplasmic pneumonia. After a week of treatment at home, I was in the hospital for a week (treatment with Erythromycin succeeded where previous

antibiotic treatment had failed to combat the disease). I was physically wasted from the disease, and weighed 120 pounds until 1978, at which time I went up to about 130. Since that time I've had recurrent attacks of bronchitis; I haven't had bronchitis in about 5 years.

Since working as an retail inventory counter in 1977 I've periodically suffered from hemorrhoids, for which I've used cortisone prescribed by Dr. Breiman of Ithaca's Family Medicine Associates. There have been no recurrences since 3/92.

While living in Cornell's Sage Hall Graduate Residence in 1979, my roommate Bok Kim fell ill and was diagnosed as suffering from infectious hepatitis. I became fairly ill myself, and was presumably infected also.

In early 1982, while experiencing a great deal of interpersonal stress in the co-op where I was living (The Chateau Rosenblatt), I developed stigmatic rashes on palms and innersoles which grew radially from a point as a ring of dots. These rings itched, so I had them examined by Drs. Shallish and Breiman (Breiman was called in because the stigmata were so interesting!). I was referred to Dr. Magre, who prescribed a cortisone cream for treatment. I believe that these were stigmata were associated with the spread of CIDP, and also the experience of Night Terrors (see below).

Around 6/84 I suffered a very painful back injury when I slipped and fell flat on my back while attempting to catch a short fly in right field (I usually played first base or first base, thank you!). I recovered from this injury without any treatment or medical assistance after about 6 months.

In 2/94 I had a lipoma on my belly removed by Dr. Agostini at Tompkins Community Hospital.

On 8/7/97 I suffered a cracked or broken rib on the left side of my chest. This was diagnosed by Dr. Breiman.

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## Psychological

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### Personality Type:

According to the DDLI (Duniho & Duniho Life Inventory Assessment) my Myers-Briggs personality type is ENTP, which seems to characterize me fairly accurately... (according to the D&D character scheme I'm "Chaotic Good", which correlates well with my MBTI type!).

### Intelligence:

My IQ is in the 150 range (GRE: 770/700, GMAT: 43/43/680). (More importantly, I'm smart enough to have read Howard Gardner, and to realize that these tests measure certain forms of intelligence but not others.) As far as overall intellectual effectiveness goes, as a programmer I average over 50 lines of code per working day (5X the average, and I also do analysis and documentation: viz. my product, dataComet <<http://www.databeast.com>>; I believe this productivity is partly due to the fact that I seem to have a high level of

spatial intelligence). I'm also a reasonably competent pop songwriter and poet. My aesthetics are reasonably well developed, though I'm not artistically gifted myself.

My social intelligence? I don't know... I may be gifted here, but it doesn't show in my behaviors. However... if you put it to use, isn't that a form of cynical manipulation? Does this conform with the Kantian (Christian) moral imperative to treat others as things-in-themselves? I don't think so!

#### Emotional States:

I've felt chronic anxiety since I was quite young, displaying behaviors such as nose-picking sequeing into nail-chewing, hair-chewing, and overall twitchiness (to use a phrase a friend used to describe herself, I'm "high-strung").

I had problems with bed-wetting until I was about 9 (since I wasn't punished for it, I don't think this caused me lasting problems).

I had a problem with occasional stuttering when under emotional stress until I was about 14.

From about the age of 9 I had problems of "emotional control," in which typical "playground" confrontations would cause me to cry and induce uncontrollable dyspnea. I brought this under control around the age of 13; however, I continued to cry in emotional situations or when very unhappy until I quashed this crying-response at the age of 18 (so thoroughly that I \*could not\* cry until around the age of 34).

I had a tendency to sleep-walking when I was a teenager, once waking up fully clothed in bed with no memory of having dressed.

I've experienced lucid dream states since around the age of 15.

I've identified with female gender roles since I was young, and most of my close friends have been women. I've been describing myself to others as having a Lesbian sexual orientation since the age of 23.

I finally managed to bring my chronic nail-chewing under control at the age of 34.

Since 1977 I've been using cannabis sativa to medicate unpleasant psychological symptoms, primarily irritability, inclining at times of extreme stress to rage states, along with emotional lability (unpleasant not primarily to myself, but to others, such as my wife and co-workers!). I never realized until 1/97 that there were physical symptoms which were also suppressed by use of cannabis. Over most of this time I've smoked every day, taking small quantities from morning through night, except when supplies were unavailable, or I was pressured to quit (6/94-8/94, 6/96-1/97, 3/97-present).

(Presumably Cannabis helps relieve rage states which I infrequently suffer due to its sedative effects, but possibly due also to its well-documented anti-inflammatory effects. I've had to acknowledge that I've had at least one documented rage blackout: in 1979, during a "shoving match" mentioned in the liner notes to "Inside My Brain" by the Angry Samoans. This claim always greatly irked me, since I didn't recall any such event, my memory is generally

excellent, and I tend to avoid physical conflict.)

*10/27/97 Note: I've figured out another plausible explanation (besides falsity!): That the "showing" was in jest and thus not memorable.*

Interestingly, I've always tended to suffer from mild tendencies to paranoia, which also seem to be relieved by cannabis smoking. I've never suffered from a panic attack or paranoia while smoking.

I believe also that smoking cannabis has helped me retain muscle mass; although I was somewhat chubby as a child, as a teenager I was skinny, after the pneumonia I was gaunt, and never gained weight until after I started smoking occasionally in 1977. I never had significant musculature until around 1984, when I joined a health club with my wife and started doing aerobics and Nautilus workouts.

In early 1982 I twice experienced Night Terrors, awakening in the early morning screaming in profound fear and distress; it took my wife several minutes to calm me down in both cases. In the first case I awoke from a nightmare involving some bizarre form of soul vampirism, and for some time feared my wife, whom I believed must be a vampire herself. The second time I awoke hearing steps coming down the stairs when we were visiting her sister; as the steps "marked time", I experienced time congealing, slowing to a halt. In both instances it took about 5 minutes for me to stop screaming and to recover my wits.

#### Psychological Treatment History:

2/90-3/90: I was given a two-month leave of absence and referred to Cornell's EAP program as a result of conflicts with my boss at work and concerns regarding my behavior. I completed the maximum of eight sessions with Ellen Stotz, and regretted not being able to continue counseling with her.

3/93-11/93: I sought treatment from Dr. Anna Matusiewicz during a period of profound depression and extreme stress during the failure of my marriage, over which time I feared greatly that I had been infected with HIV (and with good reason, since I had been raped by my soon-to-be-ex-wife's insane "boyfriend"). Dr. Matusiewicz disapproved of my self-medication with sativa, and diagnosed me as suffering from bipolar disorder (although her official diagnosis was Major Depression). I disagreed, since my experiences of depression seemed to be triggered by relationship factors and displayed no periodicity I could discern other than tending to occur more often during the winter months, and also because the descriptions of mania in "Overcoming Depression", which she recommended to me, did not seem to apply to my experience. I have become convinced that I suffer from Hysteroid Dysphoria. [1]

No medications were prescribed to remedy my depression due to Dr. Matusiewicz' fear that I would go manic on anti-depressant medication, and she required that I first cease cannabis use and then go on lithium before she would consider the administration of anti-depressants. I curtailed my consumption of alcohol at Dr. Matusiewicz' suggestion, but did not reduce my use of cannabis. After the fifth confirmation over six months that I was HIV-negative (and that my ex-wife was also HIV-negative), I discontinued this relationship after 19 sessions, since it seemed to offer no therapeutic value for me.

At this time I also became seriously addicted to tobacco, which I'd "chipped" at since 1977 without becoming truly addicted; although I smoked occasionally to excess prior to this time, use had not become compulsive.

5/96-1/97: I sought treatment from the Family and Children's Service of

Ithaca in order to help cope with relationship problems and symptoms of depression, primarily obsessive internalized critical disparagement. I was diagnosed as suffering from Cannabis Dependence, Dysthymia, and Borderline Personality Disorder, despite the fact that I fit none of the diagnostic criteria for these disorders (excepting mood instability in the case of BPD; note that "weekend smoking" was regarded as "acceptable," but not my avowed self-medication).

Starting 7/23/96 I performed a trial with Prozac at 10/mg/day and found that it dramatically and promptly quashed the obsessive internal criticism. I discontinued Prozac in October, since I found that it interfered with work, since I tended to lose interest in programming and found my mind focusing on other topics of interest (as a self-managed employee of my own corporation, I have no source of discipline outside myself).

Kevin Eric Saunders a/k/a bonze blayk

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Symptoms and Stressors

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The following list describes the symptoms I've experienced recently, which worsen progressively both when I am under stress and when I am not medicating myself with cannabis sativa, as I have since 1975. I decreased dosage starting around 6/97 and eventually completely ceased using this medication in order to qualify to continue counseling at the Family and Children's Service. At this time I have completely abstained from cannabis since 2/6/97 due to my legal situation; Prozac is helping greatly to alleviate my stress.

My symptoms worsened gradually over the following months.

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Symptoms

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FIRST noted without alarm in the preceding couple of years...

Numbness in my feet and hands which extends up my limbs as I sleep.

My arms below my elbows would tend to go numb if I laid on my back with my elbows resting at my sides. The most prominent sensation here is a feeling that my legs and arms are tingling. I attributed this to bad circulation (I have very small blood vessels and thought this was the cause).

Typically I awake with a start around 5 in the morning as this progresses. This condition is aggravated if I sleep on the limb. I also often find that I am drooling when I awake.

Pain in the heels of my feet.

This begins in the left heel; the right heel begins to hurt as the disease progresses. When it becomes extreme I have to avoid walking using my heels when I go barefoot.

AROUND 6/97, noted without any particular alarm...

Pain in my left hip, also some pain in left knee, intermittent.

Pain in my right ankle from a sprain incurred 7/94.

This sprain occurred after I'd abstained from sativa for about 3 months, my first sprain since 1974 (which left me using crutches for a month). I've never suffered significant injury to my left leg. My right upper shin was badly cut in 5/94; no pain experienced here.

Night sweats, intermittently, over several months.

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Stressors

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ON 12/22/96 I was set up with a spiked drink at Micawber's and thereafter tailgated and framed by Sergeant Curatolo of the Ithaca Police Department on a false charge of willingly speeding 50 MPH in a 30 MPH zone; as you might expect this incident aggravated my normal tendency to mild paranoia dramatically! I had had 4 drinks that night from 10 PM to 1:20 AM, and was astonished to find that the test administered at the IPD station at 3:00 AM registered .15 BAC.

This event also re-triggered trauma associated with my rape, since the mental association I made with nearly being rear-ended was that the driver was "crawling up my butt"; I actually recalled the rape incident to Sgt. Curatolo, even though I'd never reported it as such to the police (a waste of time). I didn't realize at the time that Sgt. Curatolo was the "drunk driver" who would have hit me if I hadn't sped up dramatically, because after doing so he fell back out of sight behind my car, and then later caught up with me 2 miles down the road with his overhead lights on.

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Symptoms

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I completely quit smoking sativa out of paranoia over the DWI.

I lost 10 pounds of weight in the following week and averaged 4 hours of sleep per night. I was quite agitated by the possibility that the IPD was systematically distorting BAC test results, since I had not yet done the research which established that the pint of "Bass Ale" I was offered by an unknown woman, "Sam," at 12:40 AM, was almost certainly spiked with vodka. (See <[http://www.intox.com/Drink\\_Wheel\\_NF.html](http://www.intox.com/Drink_Wheel_NF.html)> for the BAC calculator I used to determine this; my BAC rose from .12 on the field tester, 30 minutes after this drink was consumed, to .15 at the station an hour later.)

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Stressors

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ON 12/29/96 I was falsely accused of rape by my girlfriend, who had stayed with my daughter Rachel and I continuously after I brought her over to share Christmas celebrations at her request. I completely forgive and excuse her for this incident (since she suffers from PTSD and sometimes stresses out when I stress out, as I was over the felonious Sgt. Curatolo and his holstered .40 caliber Glock). I was arrested on other charges involving 2 unrelated Class A misdemeanors that day due to this incident.

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Symptoms

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I awoke and suffered convulsions for several minutes around 4:00AM one morning. (I can't recall the date).

I later recognized this as an attack of grand mal epilepsy.

ON 12/30/96 I commenced SSRI medication using 20mg/Prozac/day.

ON 1/4/97 I commenced TCA medication for sleeplessness using 20mg/Trazodone/day.

I was experiencing rather extreme mood lability.

Psoriatic arthritis, primary site above and behind my left ear.

A bulge had developed over a period of several months, which I at first believed was simply due to a bump on my head. The bulge was about 4 cm. around and 2 cm. high when I visited Dr. Magre on 1/13/97 and was diagnosed; he prescribed Visoral shampoo.

I associated this bulge with the sensation of numbness which spread from the right side of the back of my head all the way around to my left cheek. Currently I am lacking some sensation in my left cheek.

This bulge is growing again.

Mild pain and numbness in my upper and middle back. This is returning.

A rash around my anus, which I associate with mild numbness.

Hair which I've removed from my anal area is not growing back as it used to. Likewise, there are areas on my legs where the hair removed by pulling is not growing back at all (on my feet and shins; the hair on my left shin is growing out in an irregular fashion).

Symptoms presented at hospital emergency room visit on 1/11/97 included:

Pronounced weakness in my legs;  
I had difficulty walking, and tended to stagger;  
Numbness spread up to my thighs and upper arms as I slept;  
Irregular heartbeat;  
Urinary retention; and  
Dry mouth (definitely caused by Trazodone).

These were dismissed as psychosomatic symptoms of agitated depression, and I was not admitted to the hospital. Dr. Sheimann pronounced me "a healthy young man." To his credit, Dr. Sheimann suggested that perhaps I was suffering from a neurological problem, which gave me the impetus to conduct a web search on possible neurological causes of my symptoms. [2]

By 1/20/97, my symptoms included:

Extreme weakness in my legs:  
This was accompanied by atrophication extending up to my thighs. An electric sensation proceeded in a ring up my legs, and the atrophication occurred below this ring. I estimate that I lost about 30% of the muscle mass in my legs and right buttock, and somewhat less muscle mass in my arms...

I now find sleeping on my side somewhat uncomfortable since my knees now knock together, while they did not before, and resting on my buttocks is uncomfortable due to the feeling that the bone is not cushioned.

Nearly complete loss of sensation in my right buttock (which took one week to recuperate after resuming smoking cannabis around 1/16).

I felt chilled, and needed to turn the heat up to 75, and even then wore a winter coat, socks, and shoes (I rarely wear socks



and shoes indoors, even during the winter months).

Complete loss of appetite. I did prepare food and try to eat it with such energy as I had; I got meat pies since they were easy to prepare. When I forced myself to eat, several times I burned my mouth; I was lacking sensation in the roof of my mouth and failed to notice that the pie was too hot.

Vision difficulties:

Inability to maintain focus for periods > 1 second.

I was unable to maintain eye contact, and found it difficult to navigate Wegmanns when I went there to purchase groceries. Mottling of my visual field.

Psychological difficulties:

Loss of memory and concentration, e.g.:

Inability to find objects after laying them down and turning to another task;

I couldn't recall the password for my computer account; I had to write down appointments on a whiteboard rather than rely on my memory (note that as a computer programmer I rely completely on my memory to organize my work, without using flowcharts, written structural analyses, or psedocode.)

Ref: Comet, dataComet, <<http://www.databeast.com>>, and <<http://imagelab.vet.cornell.edu>>

Inability to perform work aside from processing invoices.

Loss of willpower (I set myself a goal of accomplishing at least one task per day, which was not easy given my physical state).

Extreme paranoia regarding my girlfriend's goals and intentions.

Oneiroid states (dreamlike but lucid waking states) as I lay semi-paralytic, practically helpless, and amotivational in my bed. [3]

After this experience, I resumed smoking cannabis sativa in order to obtain relief from the physical symptoms of my disease. I anticipated that I might die from paralysis if I did not.

After "hosing" on sativa for a week I started to recover to the point at which I could again function well enough to take care of myself reasonably well, although I still felt weak. [4] My paranoia regarding my girlfriend was greatly relieved after I tested HIV- (1/27/97).

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Stressors

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ON 1/30/97 I was terminated as a client by Family and Childrens' Service after presenting my own treatment program for what was clearly (to me) a neurological disorder for which I had been medicating myself using marijuana; their "treatment program" was to submit myself as an inpatient in a program for treating addictive behaviors, which are and were wholly inappropriate, since I do not suffer from substance

abuse or dependency, but rather from a complex of physiological and psychological disorders. As a result I was provided with neither the psychological counselling or physiologic immune-suppressants and anti-psychotic medications which I had requested.

ON 2/3/97 I first read "The Silence of the Lambs", and upon reading the book, it was (and is) evident to me that the character of Clarice Starling is based, at least in part, on my girlfriend--which fact she had never related to me. I believed (accurately) that the character of Hannibal Lecter was based on a real person, and (inaccurately) that he had threatened to cause the release of anthrax to commit what might be global genocide, or at a minimum mass murder in the range of millions of casualties, a prospect which alarmed me beyond description, since I have been acutely aware of the devastating potential of bacteriological warfare since 1972.

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### Symptoms

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ON 2/6/97, I began to interpret the song selections on radio station WIII-100 FM as coded messages which were providing mystifying clues as to how I was supposed to act, after the manner of a covert operation coordinated using indirect cueing.

At midnight I heard the first clear voice message: "bonze blayk, keep dancing!" I did my best to comply with the clues and intermittent messages, despite increasing fatigue and near-paralyzing fear, because of my belief that I was being tested by Dr. Lecter, "a rat in a maze," as it were, was under direct observation, and that it was crucial to "perform" in order to avoid what might be a major catastrophe, not only for myself, not only for my girlfriend, but for humanity at large.

To quote Jack Crawford: "Lecter loves his little jokes."

As it turns out, the character of Lecter is indeed based in part on a well-known figure in the medical profession; fortunately, one who is exceedingly unlikely to commit mayhem of any sort. I established this identity on 3/20/97.

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According to my research all these symptoms (other than the epileptic seizure, dry-mouth and heart palpitations, which were due perhaps to the Trazodone) are associated with Guillain-Barre and similar demyelinating neurological disorders. It's also possible that the psychiatric symptoms are caused by partial complex epileptic seizures. Whatever the causes, they are probably neurological in origin.

In my web research, I've also found some indications that I may suffer from Startle Disease (hyperekplexia): my symptoms are mild, but I do have a dramatic startle response (e.g., I often catch items which others accidentally knock off a shelf, often leap up if a glass is broken, say "OUCH!" if I step on another person's foot!). I also occasionally experience starts when I begin to doze off.

- [1] It was during this period that I first commenced serious research into the definition and diagnosis of psychiatric disorders (I'd previously read extensively on topics in individual and social psychology, including Ernest Becker's and other author's works, but never with a view to diagnosis), and discovered the applicability of Klein's diagnostic category of Hysteroid Dysphoria to my own case (discussed briefly in "The borderline syndromes: constitution, personality, and adaptation" by Michael H. Stone). I later read Larry Kramer M.D.'s "Listening to Prozac" in 9/95 and was further confirmed in my belief that my depressive symptoms fit this category. (A hallmark of Hysteroid Dysphoria is that it is \*environmentally\* induced: dramatic improvements in mood can be brought about by careful attention and praise, which is my experience. This accounts for the behavioral similarity in some cases to Hysterical Personality Disorder, since applause or interest prompted by flamboyant or theatrical behavior has a beneficial effect on mood.)
- [2] I used Alta Vista's Advanced Search to generate web queries <<http://altavista.digital.com/cgi-bin/query?pg=aq>>. I found a number of sites offering information on neurological disorders, the most valuable of which was <<http://www.neuro.wustl.edu/neuromuscular/>>, which is maintained by Washington University's Neuromuscular Disease Center. Examination of their Differential Diagnosis page persuaded me that my symptoms matched those listed for CIDP (Chronic Immune Demyelinating Polyneuropathy). This may or not be the case, but if I do not have an immune system disorder, color me amazed (otherwise, I have no clue as to why sativa is so effective in suppressing my physical symptoms). HSMN (Hereditary Sensory-Motor Neuropathy) and HNPP (Hereditary Neuropathy with Pressure Palsy) also seem to be diagnoses that could fit my physical symptomatology.
- [3] Cf., on the oneiritic experience, <<http://bisleep.medsch.ucla.edu/htdocs/wilder/wilderjones.abstracts2.html#wegener.k>>.

In these states I experienced a horrifying confrontation with my anima in a deSadean waking nightmare (as you might expect, I projected my anima onto my girlfriend: it took me a week to grasp that this was projection, that I experienced \*my\* anima).

Intriguingly (I've always had an interest in cognitive science) these states involved a restriction of memory to disparate but connected memories, which were bound in a closed system from which I could not detach. Consciousness in this case seems to resemble a mountain peak which is shrouded by clouds below a certain level: ordinarily the level is low; as it rose I could perceive only the "peaks," odd details of certain events and statements pertaining to the system, which fit into a whole which I attempted to interpret with an inadequate data set: some interpretations were horrifying. The condition was however extremely enlightening, and many of the connections I made then seem reasonable and relevant even as my condition has improved.

- [4] As my condition improved, I experienced the rage states which I've usually experienced when not using sativa to medicate my condition; this tendency to experience strong feelings of hostility and persecution subsided as I continued to administer sativa.

Due to paranoia regarding the possibility that I had been infected with HIV and/or Crohn's Disease, I limited my use of sativa, since I feared that suppressing my immune system would aggravate HIV and/or cancer.

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Kevin Eric Saunders' Personal Library Holdings on War and Espionage, 3/20/97.

A History of Militarism, Civilian and Military (Revised Edition). Alfred Vagts.

A History of the Second World War. B. H. Liddell Hart.

A Legislator's Thoughts on World Issues. Senator J. William Fulbright.

Afrika Korps. Major K. J. Macksey, M.C..

Alamein and the Desert War. ed. Derek Jewell.

America Can Win: The Case for Military Reform. Gary Hart with William S. Lind.

America's Army in Crisis: A Study in Civil-Military Relations. William L. Hauser, Lieutenant Colonel, U.S. Army.

Coup d'Etat: A Practical Handbook—A Brilliant Guide to Taking over a Nation. Edward Luttwak.

Defeated: Inside America's Military Machine. Stuart H. Loory.

Dispatches. Michael Herr.

East and West. C. Northcote Parkinson.

From War to War: The Arab-Israeli Confrontation, 1948-1967. Nadav Safran.

How Weapons Work. ed. Christopher Chant.

**How to Make War: A Comprehensive Guide to Modern Warfare (All the World's Weapons, Armed Forces, and Tactics) Updated Edition. James F. Dunnigan.**

Includes a concise description of the threat of biological warfare: "Biological warfare sounds like divine retribution. No one really wants to unleash weapons that can so easily get out of hand. Both Russia and America have them, and neither seems eager to use them."

I Led Three Lives: Citizen, Communist, Counterspy. Herbert A. Philbrick .

Inside the Company: CIA Diary. Philip Agee.

Is The Cold War Over? A New Look at Communist Imperialism. Anthony Bouscaren.

Jane's Aviation Review, Third Year of Issue. ed. Michael J. H. Taylor.

Machine Age Armies. John Wheldon.

Masters of Deceit. J. Edgar Hoover.

Mein Kampf. Adolf Hitler.

Militarism, U.S.A. Colonel James A. Donovan, U.S.M.C (Ret.) .

Modern Arms and Free Men: A Discussion of the Role of Science in Preserving Democracy. Vannevar Bush.

Modern Tanks and Fighting Vehicles. David Miller.

Modern Warfare: A French View of Counterinsurgency. Roger Trinquier (foreword by Bernard B. Fall).

Mushroom: The Story of the A-Bomb Kid. John Aristotle Phillips and David Michaelis.

National Defense. James Fallows.

On Strategy: A Critical Analysis of the Vietnam War. Harry G. Summers, Jr. Colonel of Infantry.

On War. Carl von Clausewitz.

**On the Meaning of Victory: Essays on Strategy.** Edward N. Luttwak.  
**Panzer Battles: The Classic German Account of Tank Warfare in World War II.** Maj. Gen. F. W. von Mellenthin.  
**Panzer Leader: The Classic Account of German Tanks in World War II—By the Commander of Hitler's Panzer Corps in Russia.** Heinz Guderian, Chief of the German Army General Staff.  
**Pentagon Partners: The New Nobility.** C. Merton Tyrell.  
**Psychological Operations in Guerilla Warfare: The CIA's Nicaragua Manual.** "Tayacan," ed.  
**Report of the Congressional Committees Investigating the Iran-Contra Affair (with the Minority View)**  
 Abridged edition. Daniel K. Inouye and Lee H. Hamilton, ed. Joel . Brinkley and Stephen Engelberg.  
**Revolt on the Campus.** M. Stanton Evans.  
**Rockets, Missiles, and Men in Space.** Willy Ley.  
**Self-Destruction: The Disintegration and Decay of the United States Army during the Vietnam Era.**  
 Cecil B. Currey ("Cincinnatus").  
**Someone Had Blundered: A Historical Survey of Military Incompetence.** Geoffrey Regan.  
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